



ALPHA PHI CHAPTER OF CHI SIGMA IOTA LOYOLA UNIVERSITY NEW ORLEANS

September 2018

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LETTER FROM THE BOARD . . .

Hello Loyola Counseling Department!

Welcome back returning students and faculty, and an especially warm welcome our new cohort of students who are just beginning their journey with this program. Though the next few weeks may feel overwhelming, remember that faculty and returning students are here to support you in any way that we can. Each of you has something unique to offer this program, and I hope that as you start your classes, you can begin to recognize those contributions in each other and in yourselves.

It seems to me that Fall semester always goes by so quickly! Standing here at the beginning of it, I wish for myself and for all of you the ability to stay present as we enter what can often feel like a chaotic time. There will be lots going on both in your classes and outside of them, and for new and returning students alike, remember to take care of yourselves during this time. CSI will be doing all that we can to help in that regard, so keep an eye out for all of our upcoming ways to connect with classmates, give back and get involved. I wish you all the best of luck during the semester!

Sincerely,
Rebecca Ryan
President, Chi Sigma Iota



Calendar of Upcoming Events

September

22: Nami Fundraiser

October

6: NAMI walk

8-9: Fall Break

The calendar above lists our upcoming events. Take a look to see what's ahead! CSI strives to keep our chapter and department involved — both within the community and amongst ourselves. These events are opportune moments to mingle, toss around ideas, and get to know other professionals. Please feel free to join us and relish the moments every chance you get!

Chi Sigma Iota Eligibility

Students are invited to join CSI during the Fall and Spring Semesters. Consideration is based on the following criteria from our chapter by-laws:

4.1 The following shall be deemed eligible for membership in the Society through endorsement of their chapter:

4.1.1 Students: Those students who are enrolled in a counselor education program leading to graduate degrees (Master's, specialist, or doctorate).

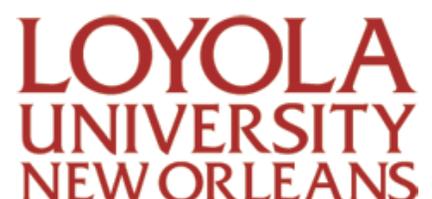
4.1.1.1 They shall have completed the equivalent of at least one full academic term (semester or quarter) of counseling courses carrying approved graduate credit as defined by the institution and are deemed promising for endorsement as a professional counselor whose ethical judgment and behavior will be exemplary.

4.1.1.2 They must have maintained an overall scholastic grade point average of 3.5 or better (on a 4.0 system), or the equivalent, while enrolled in the program.

Call for Submissions

Is there a topic you'd like to write about? A photo or drawing you'd like to share? A must have recipe?

We are always accepting submissions for the next issue. Send your ideas to Allie Walsh at arwalsh@my.loyno.edu.





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NAMI Events

The National Alliance on Mental Illness (NAMI) is an organization that the Loyola Counseling Department and CSI have been supporting for many years. Throughout all aspects of their work, Nami emphasizes de-stigmatization mental illness. NAMI New Orleans provides resources, services, and education to those suffering with mental illness and their families. They also provide valuable education for the community about mental illness and its impact. All of the money that we raise for through our fundraising efforts will go right back into the community. Please join us for the following events and contact Angela Bacigalupo, ambaci-ga@my.loyno.edu, with any questions.

Join us at the NAMI fundraiser at Rock n' Bowl on Sept 22 from 7-9pm. This will be a great way to relax, have fun, and connect with students; all while raising money for a great cause.

The NAMI walk will be held on October 6th, 9am registration, 10am start located in Audubon Park (shelter #10/ Newman Bandstand-across from the zoo). Free zoo passes will be given at the NAMI walk for anyone that raises any amount of money, but the individual must attend the NAMI walk. Come out and join us.

40th
Anniversary

 **NAMI** New Orleans
National Alliance on Mental Illness



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INTRODUCING:

YOUR FALL 2018 COUNSELING DEPARTMENT GRADUATE ASSISTANTS:



from left to right: Annie Rooney, Kathryn Pennings, Claire Kohne, Sarah Hollows, Jibri Parker, and Rachel Van Kirk

GA's Top 7 Tips for Students

1. free printing in the computer lab down the hall from the big room (room 202)
2. ask upperclassmen for books before you buy them
3. the cameras for taping actor client sessions are in Diana's office in the bottom drawer
4. ask the GAs for help if you need it, like if assignments are confusing and you need tips from people who have done them before
5. \$6 all you can eat in the dining hall (Orleans room) if you are a "commuter" on Wednesdays
6. start research early on populations you might be interested in to have as clients
7. read each others essays for feedback (start drafts early!)

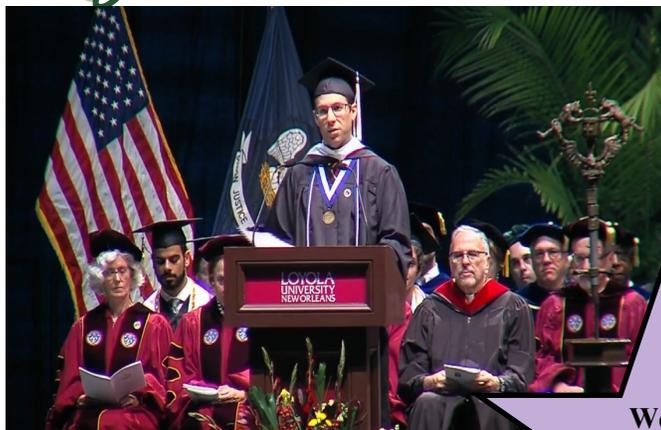


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Congratulations!

Spring and Summer 2017 Graduates



We'll Miss You!!



Spring 2017:

Emma Moates, Sean Brite, Chris Brusseau, Kerry Gilchrist, Patty Hickham, Angie Martin, Callie Millington, Karen Miranda, Millie Reeves,

Summer 2017:

Annalisa Scheele & Ashley Lopez

Congratulations!

2018 Counseling Award Recipients



Jenn Glynn: Regina Oehmig Award.

Callie Millington: Clinical Excellence Award. (not pictured)

Patty Hickham: Excellence in Scholarship Award.

Ashley Lopez: Play Therapy Award.

Sean Brite: Alumni Award.



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Congratulations!

CSJ Award Recipients



Oriel Romano and Ida Ansell after receiving the 2017-2018 Excellence in Counseling Research Grant to fund racial identity process group at Loyola. This was given by Chi Sigma Iota and was received at the American Counseling Association.

American Counseling Association (April 26-29) & NBCC conferences (May 21-25)



ACA conference: Ida Ansell Oriel Romano Sean Brite John Dewell after presentation at American Counseling Association (Atlanta, GA) not pictured: Keri Satterfield



Oriel Romano received the 2018 NBCC (Washington D.C.) Minority Fellowship Award in Master's Mental Health Counseling in increase access to effective, competent counseling services for underserved minority populations.



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After Hours Events



Summer after hours even at Madigan's bar. The students were able to relax after summer courses and before exams.



Post Orientation after hours at Wayfare. The new cohort was able to connect with other students.

After hours events are sponsored by CSI and are usually once a month. Everyone is encouraged to attend the after hours events. These events are great for connecting with other students, relaxing after a stressful week, interacting with students in different cohorts, and taking a break from studying. We hope you will join us for our next event.

INTRODUCING:

YOUR 2018-2019 CHI SIGMA IOTA ALPHA PHI CHAPTER BOARD:



FROM LEFT: ALLISON WALSH— HISTORIAN/PARLIAMENTARIAN; SHAWN BRIGHT— ALUMNI CHAIR; REBECCA RYAN— PRESIDENT; AMBER CAREY— TREASURER; KELLY WALSH- SECRETARY; TATIANA PINO— SGA LIAISON; ANGELA BACIGALUPO— PRESIDENT ELECT



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GET TO KNOW OUR NEWEST CLASSMATES! THE FALL 2017 COUNSELING COHORT:



Madison Barbor
Bluffton, SC

"I'd like to specialize in Trauma Counseling - specifically providing services to survivors of domestic violence and sexual assault."



Stephen Byrd
Hattiesburg, MS

"I hope to work with young adults and teenagers in a school setting dealing with the pressures of school, anxiety, depression, and substance abuse"



Abigail Calico
Metairie, LA

"I'm interested in working with children who struggle with traumatic experiences and how these experiences shape their development."



Amy Craft
Hammond, LA

"I'm interested in anything from EMDR, trauma, depression, end of life anxiety, to psychopharmacology and it's effects on anxiety, PTSD."



Susan Duncan
Alexandria, VA

"My interest is in individuals who are convicted for actions that were out of their control due to emotional trauma or mental illness left untreated."



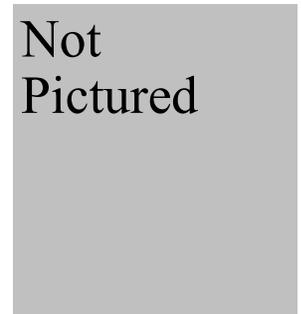
Ellie Harrison
Memphis, TN

"My area of interest concerning clients is trauma, and the individuals I wish to work with are children."



Sarah Hollows
Minneapolis, MN

"I'm interested in working with individuals and groups to collaboratively explore mindful practices in healing through grief, trauma and conflict."



Not Pictured

Tyler Jones
Flint, MI

"I'm interested in working with relationships, Trauma, Career, people looking for assistance navigating life and themselves."

Ask them about:

Undergraduate Institution

- Madison:** Loyola University New Orleans
- Stephen:** University of Mississippi
- Abigail:** University of Louisiana at Lafayette
- Amy:** Western Kentucky University
- Susan:** University of South Carolina
- Ellie:** Tulane University
- Sarah:** St. Catherine University
- Tyler:** Eastern Michigan University

Hobbies

- I love playing music (I play trumpet, guitar, and ukulele) just as much as I enjoy going to concerts and reading at Audubon or City Park
- My favorite hobbies include watching TV shows and sports, attending concerts and spending time with family.
- I enjoy reading and drawing/painting in my spare time
- I enjoy ceramics, writing, tending to my kids and chickens, music, & art
- I love to read and eat good food!
- My favorite hobbies are reading, listening to true crime podcasts, and spending time at my family's lake house.
- Walking in green spaces with my dog, writing, making and thinking about artistic practice, arranging flowers in glass vessels, improvisation, laughing out loud.
- Skill based sports, board games, writing, accumulating debt



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GET TO KNOW OUR NEWEST CLASSMATES! THE FALL 2017 COUNSELING COHORT:



Taylor Keene
Oakland, CA

"I would love to work with at risk youth and individuals who have circulated through the criminal justice system."



Sage Laborde
New Orleans, LA

"I am super interested in working with adolescents and the metamorphosis each individual endures through the endeavors of self expression"



Stacy Lewis-Goins
New Orleans, LA

"The communities I intend to focus on are the African American and LGBTQ communities"



Lauren Lorentz
Luling, LA

"My interests include working with particular individuals ranging from children in general populations to adults in the criminal justice system."



Frances Maples
Pass Christian, MS

"I would like to work with LGBTQ+ youth and provide resources for them in various aspects. Especially minors who have been cut off from their families due to coming out about their sexuality."



Hannah Makant
Hickory, NC

"My interests include anything with children, specifically those with any type of disability — learning or physical."



Diana Mirfiq
New Orleans, LA

"I want to help clients escaping Middle Eastern war-stricken countries cope with their trauma."



Arlette Murillo
San Pedro Sula, Honduras
"I am interested in working with teenagers and young adults in Juvenile Detention Centers."

Ask them about:

Undergraduate Institution

Hobbies

Taylor:	Dillard University	Shopping, listening to music, catching up on my favorite show
Sage:	Louisiana State University	I have a strong relationship with music and spend time regularly swimming or on the water
Stacy:	Loyola University New Orleans	listening to music, spending time with my family, event planning and desktop publishing
Lauren :	Southeastern Louisiana University	arts and crafts and working out in my free time
Frances:	Spring Hill College	Riding horses, singing, reading
Hannah	Lenoir-Rhyne University	playing soccer, reading books, playing piano, cooking (mostly baking)
Diana:	Loyola University New Orleans	I love to travel, write, read, divulge in sweets, spoil my nephew, shop and watch Hallmark holiday movies cuddled up with my dog
Arlette:	University of New Orleans	Reading, playing sports & video games, and binge-watching Netflix.



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GET TO KNOW OUR NEWEST CLASSMATES! THE FALL 2017 COUNSELING COHORT:



Daniel Nilsson

Gothenburg, Sweden.

"I am interested in learning more about somatic modalities, working with trauma, families, men, mindfulness and psychedelic assisted psychotherapy"



Jibri Parker

New Orleans, LA

"I am interested in working with children in underserved communities."



Nikki Piazza

Madison, LA

"I am interested in working with individuals who are incarcerated or transitioning from prison back into the community."



Melissa Ridley

Honduras

"I would like to work in a school setting, preferably with high school or college students."



Mya Sherman

Barrington, RI

"I am interested in working with the mental health impacts of climate change-- e.g. trauma, depression, anxiety and other mental health issues that result from more intense storms, changes in climate that prevent someone from practicing their livelihood, etc."



Alexander Waites

Detroit, MI

"I'm interested in the connection between physical wellbeing and mental health, particularly ways in which we can act upon our bodies and produce lasting positive effects on our"



Darrylynn Washington

Marrero, LA

"I would like to work in the area incarcerated juveniles with mental health issues and I've recently developed an interest in Addictions."



Camila Woodmansee

Los Angeles, CA

"Interested in working with Stress & Trauma; Substance Abuse & Addiction (particularly interested in children & adolescents)"

Ask them about:

Undergraduate Institution

Daniel: Metropolitan University of Denver

Jibri: Temple University

Nikki: Loyola University New Orleans

Melissa: Loyola University New Orleans

Mya: McGill University

Alexander : Rochester College

Darrylynn: Southeastern Louisiana University & William Carey University

Camila Tulane University

Hobbies

Backpacking, canoeing, building and making things, fixing broken stuff, growing plants and reading

Cooking, watching movies, yoga

I love to run, do yoga, and find new workouts to do in nature. I also enjoy reading/writing outside as much as possible.

Spending time with my kids

I enjoy tap dancing, costuming, running, and yoga.

running, biking, tabletop games, television shows, and whiskey.

Reading & Traveling

Music, Cooking, & Reading

Not Pictured:

Kalle Allison
Tia Andrews
Dario Bayardo
Liora Diamond
Monique Hall
Dylan Kolesa
Kelsey McLaughlin
Mary Beth Moore
Claire Muwele
Grant Tobin
Sarah Wheelock



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Congratulations



Dr. Stephanie Robinson successfully defended her dissertation and completed her doctorate in Counselor Education. She accepted a faculty position at the University of North Carolina Pembroke.



Professor Foose was awarded the Faculty Excellence in Advising Award.

Presentations



Lauren Dayan presented, "The Existential Trifecta of Counseling" at the Association for Adult Development and Aging Conference in D.C. this past summer and presented at the graduate symposium in Spring 2018. She will also present at the upcoming LCA conference in October.



Sarah DeMarais presented at Loyola's Peace Conference last semester. Her presentation was titled "*Displaced Persons & Sacred Spaces: Catholic Sisters Respond to Crisis.*"



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Internship/Practicum Students and Their Sites

Are you interested in a specific site? Learn more about it from someone who's there now!

Jewish Family Services	Ida Ansell	Creative Family Solutions	Karen Hochheiser
Christwood	Lauren Dayan	Family Service of Greater New Orleans	Frazier Woods
Lambeth House	Annie Goldman	ARRNO	Ramona Seeman
Orleans Parish DA's office	Jenn Bacile	STAR (Sexual Trauma Awareness & Response)	Bryn Hickey
Family Service of Greater New Orleans	Victoria Griffin	Orleans Parish DA's Office	Tracy Baccino
Orleans Parish DA's Office	Vinaya Nachampassak	Plaquemines Community C.A.R.E Centers	Brittany Brown
Creative Family Solutions	Brittany Toon	Family Service of Greater New Orleans	Rebecca Ryan
ARRNO	Monica Cazes	Jefferson Parish Dept of Juvenile Services	AnaMaria Rincon
Orleans's Parish DA's Office	Oriel Romano	Catholic Counseling Center	Sarah DeMarais
Orleans Parish DA's Office	Kristiana Llanos	Plaquemines Community)C.A.R.E) Centers	Kelly Walsh
Communities in Schools	Amber Carey		

Upcoming Conference Information

Louisiana Association for Play Therapy 2019 Annual Conference

Where: New Orleans When: February 8-9, 2019

Association for Play Therapy 2018 Annual International Conference

Where: Phoenix, Arizona When: October 3-7, 2018

American Counseling Association 2019 Annual Conference

Where: New Orleans, Louisiana When: March 27-31, 2019

Louisiana Counseling Association 2018 Annual Conference

Where: Baton Rouge, Louisiana When: October 7-9 2018