



ALPHA PHI CHAPTER OF CHI SIGMA IOTA LOYOLA UNIVERSITY NEW ORLEANS August 2019

Letter from the CSI board...

"The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice."
- Brian Herbert

Inside this issue:
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Welcome back everyone to the 2019-2020 school year. I am honored to give a warm welcome to the new cohort of graduate students. No matter what year you are in the program graduate school is an incredibly challenging and rewarding time in a person's life. I remember when I first began my first few weeks in Mercy Hall, I had a lot of mixed feelings. At first, I was nervous and excited. Then I quickly became stressed and overwhelmed. Each person's counseling journey is unique. I have found that the support from the faculty and students helped ease my stress. My advice to the new cohort and everyone in the program is when you feel yourself becoming anxious or stressed, reach out to someone. I encourage everyone to talk to each other when you are feeling overwhelmed. Focus on the present moment. Engage with your peers, faculty, community. Remember to practice self-care during times when you are feeling overwhelmed or stressed. Get the most out of your school experience. Look out for emails about CSI events and get involved. Good luck to everyone and have a great semester! - Angela, CSI President

CHI SIGMA IOTA ELIGIBILITY

Students are invited to join CSI during the Fall and Spring Semesters. Consideration is based on the following criteria from our chapter by-laws:

4.1 The following shall be deemed eligible for membership in the Society through endorsement of their chapter:

4.1.1 Students: Those students who are enrolled in a counselor education program leading to graduate degrees (Master's, specialist, or doctorate).

4.1.1.1 They shall have completed the equivalent of at least one full academic term (semester or quarter) of counseling courses carrying approved graduate credit as defined by the institution and are deemed promising for endorsement as a professional counselor whose ethical judgment and behavior will be exemplary.

4.1.1.2 They must have maintained an overall scholastic grade point average of 3.5 or better (on a 4.0 system), or the equivalent, while enrolled in the program.

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Upcoming Events:

Sept. 21st: CSI day of service with SBP - check your emails for more details!

Rainbow Carwash & Free Beer - fundraiser benefiting the Loyola Center for Counseling and Education! @ Rawhide 2010, 3pm-7pm

Sept. 29th: - Oct. 1st: LCA conference

Oct. 5th: NAMI Walks 9am-12pm @ Audubon park

Oct. 13th: Sunday Brunch Talks - Performance Artists for Mental Health by Care for Creatives @ Southern Rep Theatre, 12pm

Oct. 14th - 15th: Fall Break!

Nov. 2nd: Fall BBQ @ The Fly



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Emma Boelter



I am originally from Atlanta, GA and happily attended Tulane University graduating in 2017 with a double major in English and Political Science. I am interested in learning more about how I can support women and the LGBTQIA+ community through therapy. Outside of school, my interests include experimenting in the kitchen, reading from my bed in the mornings, traveling and spending time in the sunshine with my 6 month old French Bulldog Basil. I am also currently studying to be a part time tour guide in New Orleans and would love to lead food and beverage tours around the city in the future.

My name is Ryan Done (long "o" in last name like stone). I retired after 20 years in the Navy this July. I've been married 17 years and we have a beautiful 14 year old daughter. My clinical interests are working with children, veterans, and addiction. My hobbies are reading books, learning new things, running and biking. I can't wait to get started, and I especially can't wait to be a full time student.



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My name is Gabrielle Marino and I was born and raised in Baton Rouge, Louisiana. I attended Louisiana State University. It has been my dream for years to work with children/adolescents in the field of mental health. My hobbies include dancing and working out. I have done competitive dance for 12 years and I spent this past year dancing for the New Orleans Saints as a Saintsation Cheerleader!

Hi, my name is Ashley LeBlanc and I am from the Mississippi Gulf Coast. I just graduated from The University of Southern Mississippi with a Bachelor of Science in Psychology. I am so excited to join Loyola's dual degree program for counseling and pastoral studies as it fits my clinical interests perfectly! I have dreams of refining the treatment programs for perpetrators of domestic violence by integrating the precision of science along with the compassion of Christ. Hobbies and Interests: My fun side I love baseball and mud-riding. My nerdy side loves all things about books - I can never buy just one at a time!



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My name is Alyssa Plaisance and I graduated this spring from the University of Louisiana Lafayette. My clinical interest include sexual assault survivors, LGBTQ+, play therapy, and empowering young women. I'm a big foodie, I love going to live concerts and musical festivals, hiking true crime podcast and spending time with my goldendoodle, Millie.

My name is Jayne Strecker, I am 25 years old and obtained my BA in Psychology from the University of Tampa. I like all things outdoors; swimming, hiking, bike riding, laying on the beach and am always down to get out of my comfort zone. I am an avid traveler, history lover, dad joke enthusiast and talker. I have a strong passion for food- thank god I am moving to New Orleans - and am slightly obsessed with Game of Thrones. In the future I hope to use my clinical skills to work with children or veterans, or both!



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Hello everyone, my name is Jhante' Rivet, a native of New Orleans, LA and currently reside in Katy, TX. Some of my clinical research interests involve intersectionality and how it relates to the mental health of underserved populations, with an emphasis on African-American women. When I am not conducting research, I enjoy running, cooking, traveling, and writing in my spare time. An interesting fact about me is that I can speak, write, and read Japanese.

Robin Bourgoyne

I graduated from Centenary College of Louisiana I grew up in the New Orleans area and currently live in St. Gabriel, Louisiana. I am enrolled in a Dual Master's program at Loyola in Counseling and Pastoral Studies. I am interested in how religion can deeply affect counseling experiences. Right now, I am looking into school counseling and Christian counseling. I enjoy cooking, hosting people in our home, and spending time with my husband and dog, Maxwell. I am greatly looking forward to starting at Loyola!



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Maria Klaffky

I am originally from New Orleans and went to The George Washington University in Washington DC for undergrad. I lived in CT with my husband for almost ten years and moved back in 2014. I have two amazing daughters, the youngest just born in January! I never thought that I would be applying to grad school while 8 months pregnant, but here I am, very excited to begin. I am a yoga instructor and love teaching around this beautiful city.

My name is Kelsey Kotsovos. I was born and raised in Portland, Oregon. I graduated from the University of Oregon in 2010. During my undergraduate years I studied sociology and philosophy. Since graduation I have traveled to fifteen different countries and have amassed 10 years of work experience. All of this has been instrumental in the journey which has led me to Loyola University New Orleans master's program in counseling psychology. And I'm stoked to be here! I fell in love with New Orleans while on a trip several years ago but I didn't expect to move here. I'm thrilled at the adventures, challenges and potential that lie ahead for me in this new city.



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Hi! I'm Laura Winkles. I was born in Pensacola, Florida and went on to earn my BFA at Carnegie Mellon University in Musical Theater/Acting. I have lived all over the United States and set up permanent shop in Los Angeles, CA after marrying my best friend from childhood in 2014. We were moved to South Florida for his job and then transferred to New Orleans. At this moment I am definitely interested in trauma work, and helping those with personality disorders. Some of my interests include reading, watching movies, especially romantic comedies, dining out and exploring new restaurants, and anything true crime related. The beach is my happy place and I adore a good cotton candy sunset. I am so grateful I have this opportunity to obtain my Masters Degree and be a part of this community.

India Teal graduated from NYU's Gallatin School of Individualized Study in 2013. Since then she has worked with children in a variety of settings most recently as a Special Education teacher at a middle and then high school in New Orleans. She's lived in this city for about 4 years and enjoys growing her indoor garden, attending drag shows and traveling.



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Brook Falgoust



As a recent graduate from LSU with a Bachelors of Science in Child and Family Studies, I am so excited to begin this next chapter of life. I am 23 years old and grew up in Lake Charles, Louisiana. With years of experience working alongside children in a variety of diverse environments, I feel called to serve any child or family in need of comfort, care, or advice. My ultimate goal is to become a young adolescent LPC that provides children a safe and therapeutic environment to express their feelings freely through conversation, art, and play.

After graduating from Knox College, Stephen Hoyt worked in a mental health facility before moving to Austin, Texas. In Austin, Stephen began working in public schools with students with emotional disturbances and diagnosed behavioral challenges. He enjoyed the work and 4 years ago made the move to New Orleans where he continued working with students with exceptionalities in a high school setting. He hopes to pursue research in school counseling during his time here at Loyola. In his free time he enjoys walking his dog, riding his bike and listening to podcasts.



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Hanna Tadevich



Hanna grew up in the Midwest, and graduated from Fordham University/Alvin Ailey with a BFA in Dance. She is passionate about using movement and mindfulness as healing modalities, and has done so as a yoga and meditation teacher, as a mental health specialist leading expressive arts groups, and as an after-school arts educator. Hanna moved to New Orleans in November 2018, and is still enjoying getting to know the city, meeting new friends, and spending time outdoors.

Martea Louviere

New Orleans native who grew up in Oregon, Martea is a recent graduate from LSU with a BS in Child and Family Studies. She has a background in crisis response, human trafficking prevention, and behavioral modification in a hospital setting. Her clinical interests include working with children and adolescents struggling with trauma, depression, and anxiety, as well as educational and relational challenges. In her free time, she enjoys traveling, spending time with her dog Beaux, and reading with a good cup of tea.



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Jacob Wynne-Wilson



Jake is so excited to be joining the Loyola family this fall. Born in Savannah, but raised in rural Montana, he attended undergrad in California and has been in New Orleans a good few years now. Jake works in the film industry to pay tuition bills, and you can see him in the upcoming season of *The Purge*, on stage in September in *Rocky Horror Show*, and every month with his improv troupe *Manifesto*. Hobbies include playing guitar, video games, and rock climbing at NOBL.

Malaina Jones



I'm a born and raised New Orleanian, and I graduated from Louisiana State University with a B.S. in Psychology. I work at Isidore Newman school as an after school/camp counselor. In my free time I like to play basketball or spend time on the lakefront.

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Kelly Bojan

Originally from the Chicago area, I received a Bachelor of Arts in Biology and Chemistry from Dominican University in 1994. I have been in the fitness industry for over 20 years as a personal trainer, Pilates instructor and fitness manager. I love to cook, knit, read and workout. My favorite forms of exercise are kettlebells and Pilates and I have competed in Kettlebell Sport and continue to train for competitions. My husband Mark is an Army JAG and we have been married for 23 years and counting. We enjoy and appreciate the opportunities and challenges of military life with three cats! Looking forward to this new adventure!

Hannah Schaeffer is from Houston, Texas and moved to New Orleans in 2014. She looks forward to discovering different therapeutic approaches and is particularly interested in the humanistic approach. She is interested in working with individuals suffering from mood disorders and personality disorders and would like to work with adolescents and children. She is passionate about music and has played drums for twelve years. She currently plays in a local indie Rock band called Cicada. Hannah also enjoys yoga and longboarding in her free time.



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Hello friends!



My name is Joe Alligier. My clinical interests are in the family and relationship dynamic, as well as how individuals, especially those of marginalized communities, deal with shame. As a drag queen and personal trainer, among other things, I have long been involved in the arenas of self-image and narrative. I am a transplant from San Francisco. I moved here with my partner for us to both go to school. I attended MidAmerica Nazarene University in Kansas City for theology for my undergrad. Other hobbies of mine include creating delicious meals with no recipes, hosting puppy-petting parties, and reading Greek mythology by Madeline Miller.

I am Monique Hall, I am from Melbourne Fl. I graduated from Johnson C. Smith University which is a Historically Black College and University (HBCU). Not only did I graduate with honors I also played on one of the only two female teams in my schools history to win a CIAA Championship in Basketball. My mom and my niece are my best friends. I love to watch movies. I just found out that I like yoga and painting.



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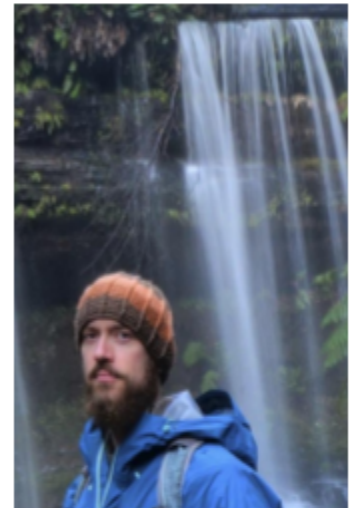


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Tahirah Thea Stevens is the education specialist with Models for Success at JOBt- Youth department. Tahirah received an undergraduate degree in Early Childhood and Elementary Education and a Master in Education from Neumann University. Her hobbies include sleeping reading (audiobooks are her favorite), listening to podcasts, and dance part-time. Upon graduating, Tahirah plans to develop a Christian Counseling curriculum for schools and youth programs and open a "Pro-Kid" counseling center.

Eric is a native and lifelong resident of New Orleans. After earning degrees from the University of New Orleans in psychology as well as education he has worked in local communities as an educator and mental health professional. Eric is an avid traveler and has explored parts of Southeast Asia, Africa and Australia in recent years. When at home Eric enjoys playing music and lives an active lifestyle. He also enjoys gardening and photography. Eric has held a dedicated meditation practice for over a decade. He aspires to incorporate this practice into clinical practice in the form of mindfulness based interventions.



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Jennifer Strength



After graduating from Louisiana State University with a degree in English Literature, I'm very happy to be back in my native New Orleans. During my time at Loyola, I hope to explore research that can provide local teachers with resources to maintain their mental health to face all the challenges of the classroom. I'm also extremely passionate about preserving the environment and would love to examine how our community can persevere through the challenges and changes we face to preserve the unique ecosystem of southern Louisiana. In my spare time, I enjoy reading, journaling, making art, sewing, gardening, being with friends and family, traveling to new places, and being a typical dog mom.

Kayla Bradley

I lived in Cooperstown, New York until I was 12 years old. At the strike of 7th-grade my parents moved my little sister, Elena and I to Bozeman, Montana. I remained there until attending college at the University of Montana where I received my undergraduate degree in Psychology. Since then I have lived in Cambodia, Hawaii, Montana (again) and now New Orleans! Things that keep me grounded are my family, yoga practice, nature (& my house plants), illustrating and dogs.



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Introducing our newest faculty:

Dr. Belcher is an Assistant Professor in the Counseling department. Dr. Belcher earned her bachelor's degree from James Madison University (2012), a master's degree in Clinical Mental Health Counseling from Old Dominion University (2014), and a doctoral degree in Counselor Education and Supervision from Old Dominion University (2019). She is a nationally Certified Counselor (NCC), Licensed Professional Counselor (LPC), and a Certified Clinical Mental Health Counselor (CCMHC). Dr. Belcher's research interest include Multisystemic Therapy, teaching practices, teen suicide, LGBT development, and experiences of African Americans. Clinically, Dr. Belcher works with children and teens on topics associated with development, gender and sexuality, trauma, depression, anxiety, ADHD, and adjustment.



And our new Admissions and Clinical Coordinator:

Semonné A. Pierre is a National Certified Counselor (NCC) and Licensed Professional Counselor (LPC). She received a Bachelor of Science in Psychology from the University of New Orleans and a Master of Science in Clinical Mental Health Counseling from Loyola University New Orleans in 2016. Semonné completed a graduate internship at Family Service of Greater New Orleans providing mental health services to children and families. She has years of experience working in the MHR capacity, providing community based services to children, adolescents, and young adults. Semonne' is involved in LCA, and her areas of expertise are trauma-informed therapy, mood disorders, and strength based practices.

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2019-2020 GAs: Hannah M.,
Sarah, Hanna T., Abigail,
Frances, & Malaina



Hannah M: I am the Assistant Director of the Play Therapy Center GA and I hope to help our youngest voices, particularly those with learning or other disabilities, in the face of trauma.

Sarah: I was born in Minnesota and am developing a mindfulness based, eco-feminist, liberation approach for my future counseling practice.

Hanna T: I am passionate about using movement and mindfulness as healing modalities, and has done so as a yoga and meditation teacher, as a mental health specialist leading expressive arts groups, and as an after-school arts educator.

Abigail is starting her second year in the program. Her research interests include anxiety disorders, personality disorders, and Alzheimer's disease. She is interested in working with children and teenagers.

Frances: I currently am interested in working with the LGBTQ+ community, particularly how it affects this group living in the sociopolitical climate of the southern United States.

Malaina: I work at Isidore Newman school as an after school/camp counselor. I am excited to meet everyone!

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Xander Waites: I want to go into trauma counseling, and I'm especially interested in how we can engage our physical bodies to move toward mental healing and wellbeing. I'm also the president-elect for Chi Sigma Iota.

Tatiana is currently completing her internship working with detained youth. Tatiana loves utilizing music, play, and expressive arts when working with her clients. She is a CSI board member, serving in the position of SGA Liaison.

Abigail is a New Orleans native and is starting her second year in the program. Abigail is the CSI treasurer.

Hannah: I hope to work with kids on the Autism spectrum and/or with other differing abilities. I serve as this year's CSI parliamentarian.

Angela is the current President of Chi Sigma Iota. She is a student intern at Catholic Counseling Service. She also plans to become a licensed play therapist.

Tyler Jones is excited about contributing to the community as a counselor for individuals, families, and people in traditional and non-traditional relationships. He serves as the secretary of Loyola's CSI chapter.

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Re-congratulations 2019 graduates!

Ida Ansell
Jennifer Bacile
Brittney Brown
Tracy Buccino
Monica Cazes
Lauren Dayan
Sarah DeMarais
Ann Goldman
Victoria Griffin
Bryn Hickey
Karen Hochheiser
Kristina Llanos
Vinaya Na Champassek
AnaMaria Rincon
Oriol Romano
Rebecca Ryan
Ramona Seemann
Brittany Toon
Frazier Woods
Kelly Walsh
Amber Carey



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Ida Ansell and Oriel Romano receive the 2019 Ignation Award.



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Ida Ansell is working as a full-time counselor at Bridge House!

Monica Cazes is working at Avenues Recovery as an addictions counselor!

Lauren Dayan is working at a private practice in Mid-City and started Tulane's Aging Studies PhD Program!

Annie Goldman is the new school counselor at St. Andrew's Episcopal School!

Victoria Griffin is working at Orleans Parish District Attorney Office in the Adult Diversion Program!

Bryn Hickey is working at STAR (sexual trauma awareness response)!

Karen Hochheiser is working as the Counselor and Coordinator of Outreach for UNO Counseling Services!

Vinaya Na Champassak is working at Milestones!

Ramona Seemann we are expecting our third baby in early December!

Kelly Walsh is working at Plaquemines Community CARE Center!

Frazier Woods is working at Family Care Inc. where he will be conducting supervised visitations for parents

Cameron Eckholdt is working as an Addictions counselor at ACER!

Ashley Fox is an Addictions counselor at ACER!

Maddie Schultz is working as a School Counselor at Mount Carmel Academy!

Lynsey Hinnenkamp is working as a School Counselor at Mount Carmel Academy!

Jen Chamberlain is working as a School Counselor at Mount Carmel Academy!

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